# **Shipping Instructions**

### Shipping

Attach the enclosed pre-paid Royal Mail address / postage label to the box and place the box in a post box or take to a Post Office for dispatch.

## Lab 4 More Urine Instructions



These instructions are for use from within the UK only.

Please keep the box provided to return your sample in.

All Others
1 x Urine Collection Tube
Clear Zip Lock Back
1 x Royal Mail pre-paid returns label
1 x Requisition form
1 x security seal
1 x Return Shipping Label

#### When?:

Urine should be collected as a first morning void (sample).

Advanced Preparation

- Only undertake this test Mon to Wednesday.
- This sample must be shipped by Royal Mail the same day.

### Collection

Minimum sample required is 10ml.

#### Labelling

- Please ensure you use the attached patient identifier label on the sample tube and add the date of collection.
- Make certain your requisition form is completed and that the name matches exactly the tube on your urine sample.

## Packing

- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box (same box as kit arrived in) with completed paperwork.
- Seal Box with the security seal provided.
- This specimen is ready for shipping and must be dispatched the same day as collection, to arrive at Regenerus Laboratories Monday to Wednesday only.

For assistance call 0203 750 0870